Introduction

Throughout the ages, our curiosity for decoding the secrets of human body have skyrocketed which in turn led to many advancements in various scientific disciplines. In that regard, one of the fields that witnessed a paradigm shift is tissue engineering. From innovative methods of genetic manipulation via clustered regularly interspaced short palindromic repeats (CRISPR) technology to the investigation of advanced biomaterials to improve the efficacy of the scaffolding biomaterials tremendous progress have been achieved (1). As one of the advancements that came into being by 2010, “organs-on-chip” (OOC) are considered as very promising candidates for investigating mechanism of organ physiology as well as drug testing platforms with future advancements to be used for personalized medicine and disease modelling (Figure 1).

The concept of OOC was introduced by Donald Ingber (2). The term OOC is used to define a microfluidic culture that contains continuously perfused chambers inhabited by living cells to simulate the activities, mechanics and physiological response of tissue, organs and organ systems (3). Dr. Ingber and his team at Wyss Institute introduced the first model for “lung-on-a-chip”, a microfluidic chip that represents a breathing and immune-reactive lung composed of human airway, capillary and immune cells (2). Following this work, other early examples of OOC, “intestine-on-a-chip” (4), “lymph node-on-a-chip” (5), blood vessels-on-a-chip (6) have been launched as can be seen in Figure 2. And followed by more complicated platforms that connects two or more organs (7-9).

As the complexity of OOC systems increases to be able to create pharmacologically and physiologically relevant models, the necessity to integrate relevant assessment
**Figure 1** Future prospective of OOC; personalized medicine via personalized human-on-chip models, disease modelling, drug development with integration of assessment tools such as DNA microarray and proteomics, replacement of animal testing. OOC, organs-on-chip.

**Figure 2** Timeline of OOC. Evolution of the field from the early OOC model developed by 2010 to more complex models with sensors integration. OOC, organs-on-chip.
State-of-the-art OOC

The majority of scientists and researchers usually rely on biological hypotheses on primary cultures and in vitro cell culture platforms to investigate biological processes and develop therapeutic strategies, focusing their attention to the biological response of the cells, without tight control of the biological context surrounding them, but this simplicity means that they fail to mimic key aspects of the human body (11). In contrast, industry usually test drugs in vivo, but a high percentage of principal compounds fail during the clinical trial phase because of their inherently low-throughput (12-14). Although these approaches have been successful, they have significant shortcomings. Despite the fact that in vivo models can produce integrated multi-organ responses which are impossible to achieve using conventional in vitro models, isolating the prominent tissues or cell groups corresponding to a particular physiological or pathophysiological response is difficult and leads to further complications and shortcomings. In addition to the ethics surrounding in vivo model usage, serious concerns exist over their biological relevance to humans (13). On the other side, in vitro platforms cannot often simulate the complex cell-cell and cell-matrix interactions crucial for regulating cell behaviour in vivo, they are useful for studying the molecular basis of physiological and pathological responses. Because of these limitations, a significant number of new drug candidates fail to make into the market due to low efficiency or severe side effects. These issues together with regulatory restrictions that limits the use of animal models, have generated considerable interest in improving human-based tissue-like constructs for disease modelling and drug and chemical testing, that will soon revolutionize the way researchers perform their investigations and pharmaceutical companies test their drugs (15,16). A requirement for industrial use of new three-dimensional (3D) in vitro models which are closely mimicking human normal and pathological organs and tissues is scalability and also may include cell and tissue geometries, electrical activity and substrate mechanics. OOCs are models that can provide these new models by combining sophisticated chip technology with biology. This can modulate human responses to be recapitulated in vitro more accurately than in other systems described so far (11). Not only can OOC devices provide the biological relevance but they are also the requisite of high throughput applications because of their small scale, reliability of results and low costs and their ability to provide new tools for controlling the transport and availability of chemical and biochemical signals on micro-scales (17). Microfabrication approaches such as photolithography, soft lithography, microcontact printing and micromolding are enabling more-complex tissue cultures to be patterned on-chip (18-20).

Microfluidic systems offers unprecedented and enhanced dynamic control over culture conditions and the cellular microenvironment within on-chip tissue models, and this technology is currently in a mature state to provide nutrients and dissolved gasses and to apply stimuli such as chemical gradients, spatial homogeneity, time-dependent biochemical stimulations, and substrate mechanical properties (18). The resulting independent and functional tissues shaped product with a morphology that attempts to recapitulate in vivo organs conditions has led to the concept of ‘OOC’ (17). Incorporating stimulation and sensing technologies on-chip and interfacing these with cultured cells is another important step for the real-time manipulation and detection of cellular behaviour (18). Miniaturization to the micrometer scale offers several advantages such as superior control over the local cellular microenvironment and significant reduction in the use of compounds, reagents and cells, therefore increasing the experimental throughput in a cost effective manner (21).
By developing the single-OOC systems for long-term ex vivo culture, the significance of interactions between different cell types and cell-ECM interactions within the same functional unit of the organ, as well as stimuli of the microenvironment surrounding the extracted tissue in vivo (in order to maintain its functionality in vitro) were investigated (14). As biosensors can sense specific biological molecules within the miniaturized tissue constructs in real-time, at very low concentration levels, through ultrasensitive optical, electrochemical, or acoustic sensing systems, they are gradually becoming an integral part of such tissue engineering systems particularly in microfluidic tissue engineering models (22).

**Liver-on-a-chip**

The major reason of drug withdrawal is the drug-induced hepatotoxicity and hence there is a huge demand for development of a robust in vitro model for testing hepatotoxicity as well as assessment of drug metabolism. Thanks to recent advancements in microfabrication techniques as well as 3D bioprinting (23,24), various liver-on-a-chip platforms have been developed so far (25-29). These platforms are made from optically transparent chips with channels (50–500 μm wide) where various liver cell types such as hepatocytes, non-parenchymal cells or other stromal cells have been cultured in either 2D or 3D format as well as mono or co-cultures (30).

**Brain-on-a-chip**

As being one of the most complex organs, brain has been of great interest for decades to medical scientists whose research interests are on neuroscience, neurodegenerative diseases, electrophysiological, and pharmacological studies on blood-brain barrier. Thus, various attempts have been put to develop in vitro platforms to investigate human neuronal differentiation and chemotoxicity (31), modeling Alzheimer’s disease (32), traumatic brain injury (33) and blood-brain barrier (34).

**Lung-on-chip**

One of the main causes of death is lung disease, and the rate of pulmonary diseases has been increasing for decades. The only treatment for these types of diseases is lung transplantation. However, the lack of donors is the main limitation of this method. Therefore, investigating the new strategies with the aid of tissue engineering and microfluidics techniques for functional analysis and drug screening is needed (35). Mimicking the functional unit of the lung, alveolar-capillary interface, is challenging because of the difficulties of replicating the structural and functional properties of the system while simulating the mechanical changes associated with normal breathing. Huh et al. designed a flexible porous membrane and cultured human alveolar epithelial cells on one side and human pulmonary microvascular endothelial cells on the other. To mimic the dynamic mechanical stimulation of the cells caused by breathing, the membrane stretched using a vacuum to neighbouring chambers. The device has the potential for drug screening for lung disorders and also investigating the impact of toxins (2).

**Heart-on-a-chip**

Heart disease causes 1 out of 4 of all deaths in the United States. So, developing the cardiac drug, side effects of drugs and the interactions between multiple drugs has been a strong emphasis on the medical community. Microscale on-chip solutions offer an attractive platform to conduct cost-efficient and time-efficient drug assays before the clinical trials. Some examples of such a microscale solution have been provided by some researches. For example at Parker’s work, heart muscle cells were cultured onto small tissue strips to create a functional engineered beating cardiac tissue on a flexible substrate using microfabrication technology. Then these structures were exposed to drugs and electrically stimulated. So, researchers were enabled to evaluate the cardiotoxic effects of the drugs (36). Aubin et al. have encapsulated cardiomyocytes inside hydrogels with different micropatterns to create the 3D aligned fiber-like structures of cardiac tissues for drug testing (37). In another study, embryonic cardiac cells were cultured inside a bioreactor and exposed to pulsatile flow and varying strains to mimic the cardiac cycle in the left heart ventricle to conducting drug tests (38). Personalized medicine could be achievable using on-chip systems for drug testing on patients’ own cells to maximize the success of treatment (39). Using bioprinting 3D microfibrous scaffolds for engineering endothelialized myocardium is another attempt to create an in vitro hear-on-a-chip model for drug screening and disease modelling (40). In another study, a heart-on-a-chip platform was developed, which recapitulates the physiologic mechanical environment experienced by cells in the native myocardium. The device includes an array of hanging posts.
to confine cell-laden gels, and a pneumatic actuation system to induce homogeneous uniaxial cyclic strains to the 3D cell constructs during culture to generate mature and highly functional micro engineered cardiac tissue (41).

**Bladder-on-a-chip**

Bladder cancer is the most frequent cancer of the urinary system and was found to be caused by many factors. Therefore, finding a way to diagnose this cancer at early stage is really critical to increase the survival rate of the patients. To treat the bladder cancer, currently, a method of incising part of the body is being used, but it has difficulty in diagnosing bladder cancer at an early stage. (https://www.google.com/patents/US9359646). A research group has worked on the quantitative detection of Galectin-1 (Gal-1) protein, a biomarker for the onset of multiple oncological conditions, especially bladder cancer. An ultrasensitive and real-time impedance based immunosensor has been fabricated which consists of a gold annular interdigitated microelectrode array patterned, with the ability to electrically address each electrode individually. To improve sensitivity and immobilization efficiency, trapped nanoprobes (Gal-1 antibodies conjugated to alumina nanoparticles through silane modification) on the microelectrode surface were used. The normalized impedance variations reveal a linear dependence on the concentration of cell lysate present while specificity is demonstrated by comparing the immunosensor response for two different grades of bladder cancer cell lysates. Also, they designed a portable impedance-analyzing device to connect the immunosensor for regular check-up in point of care testing with the ability to transfer data over the internet using a personal computer.

**Uterus-on-a-chip**

The female reproductive tract is a complex system consisting of ovaries, fallopian tubes, uterus and cervix. All these major organs participate in an autonomous or interdependent way for the production of ova, secretion of sex hormones and the maintenance of pregnancy throughout the gestation (42). The reproduction of a total uterine system on a microfluidic chip might be of great impact for in vitro fertilization-embryo transplantation (IVF-ET) (43) and for testing the efficacy and toxicity of new drugs (42). After various attempts to mimic the physiological function of the reproductive system (43,44) recently an advanced and extremely attractive and promising system has been realized by Xiao et al. (42), the so called EVATAR (“avatar”, digital representation of an individual, plus the name “Eve”). This powerful tool phenocopies the human menstrual cycle and pregnancy by reproducing the endocrine loops between organ modules for the ovary, fallopian tube, uterus, cervix and liver, with a sustained circulating flow between all tissues.

**Vessels-on-a-chip**

The blood vascular system consists of blood vessels (arteries, arterioles, capillaries, and veins) that convey blood from one organ to another ensuring a correct organ’s functionality. Therefore, blood vessels represent the basic and vital building blocks of this system (45) since they deliver nutrients and oxygen to tissues, and remove waste products too. To correctly mimic the vascular physiology, morphogenesis and development mechanical stimulation is an indispensable factor therefore it is needed to provide microfluidic chip capable of delivering fluid shear stress (FSS) and cyclic stretch (CS) simultaneously or independently (46). Moreover, vessels-on-a-chip reconstruction is not only useful to connect each-others the various compartments of a body-on-a-chip application (45), but also to study system dysfunctions caused by specific disease, e.g., angiogenesis in patients with tumors, diabetes or with wounds (47), or to study the effects of inflammation on vascular integrity or interrupt flow, e.g., thrombosis (48).

**Needs for sensors in OOCs**

Although the field of OOCs evolves over time, there is still need for more sophisticated, sensors integrated OOCs that will provide continuous information about the viability and metabolic activity of the tissue constructs/organoids real time. To achieve such a goal, several criteria should be ensured. One of the most important criteria is to integrate sensors to monitor physical and biochemical parameters associated with functionality of OOC models. In this section, the needs of sensors for OOC platforms will be discussed in detail to give insights about the next section where the current monitoring strategies were explained.

**Sensors to monitor culture environment**

The major determinant for the formation of functional 3D organoid/tissue is cell culture environment with all its
parameters such as temperature, pH, humidity and oxygen level and nutrient content. In their microenvironment, cells are exposed to changes of these parameters as well as gradients of secreted metabolites from neighbouring cells, and mechanical interactions from cell-cell and cell-extracellular matrix (ECM) contact. Integration of analytical devices to 3D cell culture platforms as well as OOCs can enable controllable and reproducible culture environment.

**Sensors to monitor cell behavior**

Monitoring cell behaviour is as equally important as cell culture media monitoring since cell isolation and proliferation are critical steps for building up a 3D tissue construct. Not only identifying the cell density and viability but also investigating of cellular function by cultivation time and upon any stimulus are needed. So far, sensors for the purpose of monitoring cellular adhesion (49), detachment (50), death (51), response to osmotic stress (52), sepsis (53) have been developed based on widely used surface plasmon resonance (SPR) technique, photonic crystal fibers (54), and resonant waveguide grating EPIC® systems (55). Contractile properties of cells, especially cardiomyocytes for heart-on-a-chip platforms is of great importance and it is reported to be affected by intracellular calcium secretion. Hence, it is important to measure the calcium levels for heart-on-a-chip platforms (56,57).

**Sensors to monitor stimulations**

Well representation of mechanical, chemical, electrical and other interactions that affects the functions of human organs haven’t been achieved yet due to inherent spatial and temporal features of human body. In order to provide physiologically relevant organ mimicry, OOC platforms are required to integrate all types of stimulation that any organ is exposed to in vivo. Besides accurate replication, monitoring of these mechanical cues in vitro is also an urgent need for OOC platforms.

**Sensors to monitor mechanical stimulations**

Time-varying mechanical deformation is of great importance in respiratory and circulatory systems since air and blood are pumped by lung and heart. To simulate the cyclic expansion and contraction in the lung, Huh et al. developed a lung-on-a-chip platform where a vacuum pump is used to achieve cyclic stretching and relaxation of the elastic membrane and device wall of PDMS (2). Similar technology has also been used for the design of gut-on-a-chip to mimic the trickling fluid flow as well as cyclic peristaltic motions that a gut experiences in vivo (4).

Creation of actively deformable membranes is needed for vasculature mimics due to pulsatile motion of blood and cyclic stretching. It is shown that, by a mechanical stretch applied via microfluidic chip where a deformable membrane on which cells are cultured can modulate stem cell differentiation to vascular smooth muscle cells (58).

**Sensors to monitor chemical gradients**

Chemical stimulation is another parameter that should have taken into account to develop and maintain physiologically relevant OOC platforms. Thanks to microfluidic devices, it is easy to control the fluid flow to tune chemical flux at the same scale as in the case of in vivo. When these microfluidic devices are integrated with detection platforms, it will be possible to enlighten the function of chemical factors over cell-cell interactions (59). Creating a well representative of a tissue microenvironment is highly dependent on spatiotemporal control of chemical factors such as growth hormones and cytokines. Such a control has been achieved via a microfluidic device that varies the extracellular environment through the measurement and feedback control of pressure in the fluid pumping mechanism (60). It is also shown that, by using a small amount of chemicals, it is possible to create, monitor and control an oxygen gradient inside microfluidic channels for cell culture (61).

**Sensors to monitor electrical stimulations**

Electrical and electromechanical characterization and control of cellular microenvironment is becoming increasingly important in recent years especially for central nervous system (CNS) and muscular system such as heart. In the early developmental phase, the brain receives large amounts of electrical stimulation critical for developing excitatory synapses. In addition to that, functional electrical stimulation is proved to promotes regeneration of spinal cord injury (62). In another study, researchers showed that by applying electrical stimulation via platinum electrodes, it is possible to achieve myelinssegment formation (63). When it comes to cardiac tissue engineering and heart-on-a-chip platforms, electrical stimulation is reported to be crucial since it stimulates the mechanical cycling of heart and when applied in microfluidic devices, results in cellular reorganization and transformation (64). Therefore, researchers have developed specialized devices to recapitulate...
the unique microenvironment of heart in vitro (65). Moreover, stem cell differentiation into cardiac tissue has also been reported in many papers (65,66). However, once a heart-on-a-chip platform with electrical stimulation has been engineered, in vitro assessment of the efficacy is required, so as the sensor integration for measurement of electrical signal as well as cell contractility.

Wireless and portable monitoring feature towards IoT systems
The possibility to enable real-time, quantitative information of the cell status is one of the most important aspects for monitoring the cellular processes. Indeed, by providing a wireless and portable system able to continuously monitor the cell cultivations, it would be possible to constantly control the cultivation parameters enabling a prompt modification in case of necessity (67). To enable this remote on-line monitoring, portable devices have been adopted. In particular, dedicated application has been developed to enable data-visualization (68) and set-up hardware control (69) from tablet or smart-watch. Most recently, also wearable technology was introduced in medical and biomedical applications. In particular, Google Glass (70) has been adopted to display information in a smartphone-like hands-free format exploiting voice recognition commands.

Another possibility is to wear smart-watches connected with the sensors integrated to the organ-on chip device realizing an IoT monitoring system. In this way, monitoring parameters reachable from any place and at any time just wearing the smart-device. Moreover, alerts can be programmed and send to the user in order him to intervene the ongoing experiment (71).

In terms of OOC platforms, IoT systems could be useful in future where long term monitoring such as pH, morphological changes are required.

State-of-the art: current biosensors for OOCs
Although the need for sensors integration ot monitor OOCs is urgent, there is not much in literature that exemplify real integration of OOCs with sensors. Hence, in this review, we also included sensors designed for cell culture monitoring considering their potential to be integrated to OOC platforms. Classification of sensors was made according to the purpose of monitoring such as detection of metabolism products, monitoring of physical parameters and cell fate.

Sensors for detection of metabolism products
Cellular metabolic activity is the combination of catabolic and anabolic pathways and sensors in this context is required to assess the efficiency of metabolic activity by providing information about concentration of certain products. For instance, extracellular oxygen, carbon dioxide, glucose and lactate are needed for monitoring and understanding how well the cell is carrying out respiration. Similarly, hydrogen peroxide (H$_2$O$_2$) has been reported to have an important role in normal cellular growth and proliferation. Toxicity is another concern when it comes to drug testing and should be tested upon monitoring cell type-specific molecular biomarkers such as albumin and transferrin in the case of hepatotoxicity (72) and creatine kinase-MB for cardiac toxicity (73).

Hydrogen-peroxide sensors
As being one of the reactive oxygen species (ROS), H$_2$O$_2$ plays an important role in cellular processes (74) especially in proliferation since its long lifetime allows cell penetration that result in series of cell damage (75). Hence, selective and sensitive detection of H$_2$O$_2$ both inside and outside of the cells are essential to discover the affects in cellular level as well as diagnosis of real time conditions of the cells. Fast and reliable monitoring of H$_2$O$_2$ is of great interest to many fields including pharmaceutical and clinical and therefore a variety of techniques have been developed for the monitoring of H$_2$O$_2$, such as colorimetry (76,77), chemiluminescence (78), fluorescence (79-81), electrochemical methods (82,83). Among them, fluorescence and electrochemical methods have received a considerable interest. More than that, when the H$_2$O$_2$ is detected with electrochemical sensors, it opens the way to also detect a series of other cellular metabolites that are usually metabolised by oxidases.

Fluorescence based H$_2$O$_2$ detection
The beauty of using fluorescence probes for H$_2$O$_2$ monitoring is to be able to do detection in live cells, tissues and even animals. Various fluorescent based H$_2$O$_2$ sensors have been developed so far (79-81,84). The rationale of sensing is either based on the usage of proteins that has intrinsic fluorescence signal that is changed due to exposure of ROS like H$_2$O$_2$ or to the usage of metal nanoclusters such as gold nanoclusters (AuNCs) or silver nanoclusters (AgNCs). These NCs are modified with enzymes to trigger catalysis function for certain analytes such as in the case
of horseradish peroxidase (HRP) to be quenched in the case of \( \text{H}_2\text{O}_2 \). For instance, usage of NCs on fluorescent based sensing was demonstrated by a group who designed denatured lysozyme capped silver nanoclusters (dLys-AgNCs) where lysozyme had a role of stabilization as well as signaling element towards OH. Hence, this sensor was used for detection of \( \text{H}_2\text{O}_2 \) in live cells to monitor oxidative damage to proteins (84) (Figure 3A).

In another work, Zhang et al. have synthesized HRP-AuNCs (Figure 3B) and achieved fluorescence detection of \( \text{H}_2\text{O}_2 \) over the range of 100 nM–100 μM (81). After that, Yang Tian and his groups managed to quantify \( \text{H}_2\text{O}_2 \) in living cells by using different strategies. In one of the studies, they designed AuNCs protected by a bovine serum albumin (BSA) which is employed as a reference fluorophore and the organic molecule 2-[6-(4’-hydroxy) phenoxy-3H-xanthen-3-on-9-yl] benzoic acid which acted as recognition element that gives emission after interaction with 'OH. The sensor that has the ~0.68 μM detection limit was applied to monitor oxidative stress in live cells (80) (Figure 3C). The same group designed another ratiometric fluorescent biosensor for detection of ROS species, namely \( \text{O}_2^- \), this time by using carbon dots as the fluorophore and hydroethidine as recognition molecule. The sensor showed a lower detection limit (100 nM) than the previous one and again used for monitoring oxidative stress for HeLa cells (Figure 3D) (79).

**Electrochemical detection**

Electrochemical techniques have taken great interest for \( \text{H}_2\text{O}_2 \) detection mainly because they require simple instrumentation and provide sensitive and selective detection in a short assay time. Most of the electrochemical \( \text{H}_2\text{O}_2 \) biosensors were based on catalytic activity of HRP but due to its serious disadvantages over practical applications, non-enzymatic sensors have been developed (85) by employing metal nanoparticles (86), carbon based nanomaterials (graphene, carbon nanotubes etc.) (87). So far, considering cell-monitoring applications, electrochemical \( \text{H}_2\text{O}_2 \) biosensors for the purpose of detection extracellular \( \text{H}_2\text{O}_2 \) released from human breast cancer cells MCF-7 (88), HeLa and HepG2 cells (89), Raw 264.7 cells (82), PC12 cells (83).

Even if metal nanoparticles such as gold nanoparticles (AuNps) provide good electrical signal, most of the times developed sensors does not meet with the requirement of sensitivity for cell based applications which needs...
nanomolar concentration range detection of H$_2$O$_2$. Hence, researchers are directed to develop nanocomposites with various nanomaterials. For instance, a hybrid nanomaterial was fabricated by immobilization of AuNpS onto mesoporous silica (PMS) coated reduced graphene oxide (RGO) (Figure 4A) to be able to measure H$_2$O$_2$ secretion by HeLa and HepG2 cells. The sensor showed a low detection limit of 60 nM with a good selectivity (89). Similarly, other group have again used RGO to create RGO-Pt nanocomposites on glassy carbon electrode (Figure 4B) for PC12 (rat adrenal medulla pheochromocytoma) cells H$_2$O$_2$ secretion monitoring (Figure 4C) (90). Another example of Pt nanoparticle to make hybrid with carbon nanomaterial was presented by the work of Liu et al. (92) who used Pt nanoparticles (PtNPs) decorated porous graphene (PG) to monitor HeLa cells up to 0.50 μM of H$_2$O$_2$ secretion. Although these biosensors offer good detection limit and has cell monitoring capability, making them compact to be integrated to OOC platforms is tricky. Flexible biosensors or fluidic-based biosensors based on polymer substrates such as PDMS could be of great interest in that regard. For instance, Duan et al. developed a flexible electrochemical H$_2$O$_2$ sensor by fabricating Pt nanoparticles on freestanding reduced graphene oxide paper (rGOP) carrying MnO$_2$ nanowire networks (Figure 4D) (91). The sensor reported to have 1.0 μM detection limit and used for monitoring oxidative damage to human liver cancer cells. Another interesting work done via graphene shows a simple strategy for non-enzymatic H$_2$O$_2$ detection from human serum samples and that released from human cervical cancer cells (Figure 4C). The sensor is developed by AuNPs on graphene quantum dots (AuNPs-N-GQDs) and showed detection limit of 0.12 μM (90).

**Glucose and lactate sensors**

Glucose, the primary energy source of cells, is metabolized first into pyruvate, an intermediate compound that will further be converted to acetyl-CoA and fed into the citric acid cycle under aerobic conditions. However, under anaerobic conditions, or due to shortage of oxygen, accumulated pyruvate is reduced to lactate. For example, in myocardial ischemia or congestive heart failure, the lactate secretion is increased. Hence, increase in lactate concentrations is considered as an indication of disruption...
of citric acid cycle mainly because of oxygen shortage. Due to the fact that metabolic toxins as well as chemical agents and drugs affect enzymatic reactions occur during citric acid cycle, it is very important to monitor glucose and lactate concentration for drug toxicity studies. It is also very essential to have glucose and lactate sensors for any OOC platforms that aims to perform toxicity studies.

In addition to that, cancerous cells are known to have a metabolism change as a result of up-regulated glycolysis because of mitochondrial activity suppression. This suppression cause increase in glucose uptake and lactate production despite sufficient oxygenated conditions. This phenomenon that is known as aerobic “glycolysis" or “warburg effect" affects not only intracellular but also extracellular environment since lactate is exported to the cytoplasm and lowers the pH (93). Moreover, studies have shown that, increased intratumoral lactate concentration result in metastasis in many cancer types (93). Therefore, lactate is considered as an important biomarker for cancer malignancy.

Up to now, various types of glucose and lactate sensors, mainly optical (94-97) and electrochemical (97-102) have been developed to provide information about cell viability upon toxicity (97,98,103,104), cancer cell progression, deciphering cancer metabolic pathways (94), better understanding of molecular basis of brain functions (99) or different metabolic models of hearts including those of hypoxia and ischemia (100), measuring (cancer) cell metabolism (95,96,101,102) and tracking the dynamics of mitochondrial dysfunction (97).

Electrochemical glucose and lactate sensors
Electrochemical glucose and lactate biosensors incorporate enzymes such as glucose oxidase (GOX) or lactate oxidase (LOX), lactate dehydrogenase (LDH) as bio-recognition element to metabolize the corresponding target (eqn.1 and 2) and produce H$_2$O$_2$ of which electrochemical signal is measured by time via voltammetric or amperometric methods.

Electrochemical sensors gained considerable interests in recent years due to their microfabrication enable ease of integration to microfluidic devices. In addition to that, multiplexed sensors made it possible to do multiparametric monitoring of metabolites. One example to such multiplexed microfluidic based electrochemical sensors is presented by Mao et al. (Figure 5A) who managed continuous and simultaneous monitoring of glucose, lactate and ascorbate in the rat brain to monitor brain ischemia (99). Toxicity monitoring caused by drugs is another aim for development of EC biosensors. In that regard, a toxicity monitoring study aimed to observe changes in hepatic tumor cell upon exposure to mitochondrial inhibitor rotenone via enzyme-based electrochemical flat-plate sensors. The system (Figure 5B) was reported to provide real-time information on drug induced liver toxicity in vitro over several days (104).

A recent work by Weltin et al. shows the integration of EC microsensor system into a 3D human HepaRG hepatocyte spheroids for continuous and long-term monitoring of lactate production and oxygen consumption upon exposure to a drug Bosentan, that is used to treat pulmonary hypertension (103).

Monitoring cancer cell metabolism is another aim for EC glucose and lactate biosensors. Weltin et al. developed multiparametric microphysiometry system (Figure 5C) for monitoring the metabolism of T98G human brain cancer cells that are cultivated on chip. In addition to measuring glucose consumption and lactate production, system also allowed measurement of pH and oxygen in the cell culture microenvironment (102). Likewise, researchers developed enzyme-based lactate biosensors into a microfluidic network of hanging drops of human colon carcinoma spheroids for continuous in-situ monitoring of several effects such as culture conditions or dosage of compounds (105).

Optical glucose and lactate sensors
Optical glucose and lactate sensors have advantages over electrochemical biosensors due to their label-free, real-time and continuous and long-term monitoring schemes. For development of such sensors, fluorescent dyes, quantum dots, crystalline colloidal arrays, plasmonic nanoantennas are incorporated (106).

Cell monitoring applications of optical glucose and lactate sensors are mainly focused on cancer cell biology. Especially, for studying tumour progression, platforms that allow monitoring in single cell level is of great importance. Li et al. a nanoscale optical fiber lactate was developed for monitoring extracellular lactate concentrations of single HeLa, MCF-7, and human fetal osteoblast (hFOB) cells. Various lactate inhibitors were tested via sensors to show the potential of the system for evaluation of metabolic agents on cancer survival (96). Recently, Abbyad et al. developed present a droplet microfluidic method that allows monitoring in K562 leukemia and U87 glioblastoma cancer cell lines. Group also examined the lactate efflux under the chemical inhibition via α-cyano-4-hydroxycinnamic acid (94).
Biosensors for cell secreted molecules detection

Monitoring OOC platforms is not only covers monitoring of physical parameters but also biochemical ones. In that regard, detection of cell-secreted molecules is of paramount importance for observing the changes in tissue/organ construct upon certain stimulus. Thanks to advances in both microfluidics and sensing technologies, it is possible to build sensors integrated microfluidic platforms for detection of cell-secreted molecules. In this section, we will review current technologies available for the purpose of cell secretome monitoring.

Cytokines

Cytokines, signalling, low molecular weight soluble proteins secreted from both immune and non-immune cells possess important roles in immune responses such as proliferation, migration or activation of cells (107). In addition to that, cytokines were shown to play critical roles in cancer progression, cell-cell signalling and also tissue damage repair. Hence, development of sensors for cytokine detection is an obvious prerequisite for the study drugs influencing immune system, cell-cell signalling and cancer (108). The most widely used technique for cytokine detection is based on immunoassay such as in conventional ELISA assays, antibody array assays (109-111), bead-based assays (112) and aptamer-based assays (109,113,114).

In terms of cell culture and OOCs monitoring, cytokine sensors have been developed for monitoring liver cell signalling during injury (115), unravel the functional properties of individual immune cells (112), detection of activated T-cells (114), observe the secretion levels upon mitogenic stimulation (113).

As being highly thermally and chemically stable, aptamers have been preferred to antibodies for detection of protein-structured molecules. Several groups have used aptamers also for cytokine detection (109,113,114). Inflammatory cytokines, interferon gamma (IFN-γ) and
tumor necrosis factor alpha (TNF-α) have been quantified via anthraquinone and methylene blue redox reporters labelled aptamers on Au electrodes (113). Different cytokine secretion levels of two cell types; primary human CD4 T-cells and U937 monocytic cells have been monitored concurrently over 2 h via microfluidic device. Similarly, another group have developed microfluidic co-cultures integrated with biosensors (Figure 6A) for continuous monitoring of TGF-β signalling in hepatocytes and stellate cell lines upon alcohol injury. The results showed that, designed microsystem enable monitoring paracrine crosstalk between two cell types communicating via transforming growth factor-beta (TGF-β) (115). Another advantage of the use of aptamers is that the sensor can be regenerated over saturation. Revzin et al. used this phenomenon to develop a reconfigurable platform with sensors and cells to monitor mitonetically activated T-cells via detection of interferon-γ (IFN-γ) by aptamer based regenerative electrochemical sensor. Sensors showed minimum loss over regeneration cycles and cells seem to be protected from regeneration solution, i.e., urea, thanks to micropins (Figure 6B) (114). The same group developed another cell-culture/biosensor platform with the same device, using the similar sensing approach for detection of TGF-β1 from activated stellate cells (Figure 6C) (109).

When it comes to single cell monitoring, and cytokine sensing from single cells, droplet based microfluidic approaches are taken into consideration since the method enables the manipulation of fluidic packets in the form of droplets and hence makes it possible to do high throughput monitoring (112). Huck et al. developed a droplet based microfluidic platform (Figure 7A) for secretion of two cytokines; IL-2, IFN-γ, TNF-α from single activated T-cells in droplets (112). Antibody-modified cytokine capture beads and single cells are encapsulated inside monodisperse agarose droplets to be able to detect the cytokines via measurement of the intensity of staining of the beads by flow cytometry (112). In a more recent work where again antibody coated microbeads were used to capture cytokines and monitor secretion levels of hepatocyte growth factor (HGF) and TGF-β1 over the course of 7 days. Developed microfluidic system enables local cytokine monitoring of primary hepatocytes that are separated from sensing chambers via permeable hydrogel barrier (Figure 7B) (116).

**Other cell secretoms**

Apart from cytokines, there are also various types of proteins, microRNAs and exosomes secreted by cells and gives hints about the fundamentals about cell biology for wide variety of applications including therapy and diagnosis. For instance, albumin and glutathione-S-transferase-alpha (GST-α) and transferrin have been reported to be important biomarkers for liver. Hence researchers developed microfluidic platforms to detect secreted liver biomarkers via electrochemical sensors (9,72,117).

A microfluidic magnetic bead-based EC immunosensor was developed to detect transferrin secreted by HepG2 cells cultured in bioreactors. Since the magnetic microbeads can be replaced with new ones after completing one cycle of measurement, the microelectrode reported to be usable over many measurements. The platform was used to monitor acetaminophen-induced toxicity over HepG2 cells (72). Another example on liver-on-a-chip platform monitoring aimed detection of albumin and GST-α via a label-free, regenerative electrochemical biosensor that enabled monitoring for a week of culture time (117). The same group further integrated those electrochemical sensors for monitoring dual-OOC system that consists of liver and heart in an automated manner (9).

Creatine kinase-MB (CK-MB) and troponins have been considered as cardiac damage or injury biomarkers. Therefore, researchers have developed sensing platforms for monitoring changes of those biomarkers for acute cardiac toxicity. A microfluidic aptamer sensor for detection of CK-MB has been designed to be able to monitor the changes in human embryonic stem cell-derived cardiomyocytes upon drug exposure (73).

**Sensors for physical parameters**

**Sensors for physical parameters detection/control of system parameters**

Main advantage OOCs stays in their ability to be highly micro-engineered. Indeed, different micro-sensors can be integrated for monitoring and controlling the micro-environmental conditions of the cultured cells (3). Thanks to continuous monitoring of physical parameters the maintenance of the physiological cell functions of cultured tissues and organs can be achieved. Moreover, since these physiological systems are characterized by metabolic reactions, it is imperative to control some crucial factors, among which pH, oxygen, temperature, glucose consumption and lactate production, to provide indication on the dynamic state of the human-on-a-chip system (118). Therefore, such systems should integrate sensing platforms for metabolic critical compounds, chemical signalling between organ compartments, fluid manipulation and...
microscopic investigation (119).

In particular, mitochondrial function plays a principal role in facilitating the cells growth and metabolism. When cells are exposed to an atmosphere with reduced oxygen concentration (hypoxia), cells adapt to loss of mitochondrial respiration by using anaerobic pathways such as glycolysis and glutaminolysis (120). This phenomena leads to undesirable stress in the cell culture, hence real-time
measurement of dissolved oxygen (DO), even combined with sensors for pH, glucose and lactate, may preliminarily reveal and prevent from mitochondrial dysfunctions (121). Two types of oxygen sensors can be adopted for organ-on-a-chip applications: optical and electrochemical. The optical-transparency intrinsic of the microfluidic material enables a fast integration with optical sensors so that remote and non-invasive measurements are possible. On the other hand, the simplicity of electrochemical sensor architecture makes this method robust and reproducible for on-line monitoring (122). The first widespread DO sensor commonly adopted was proposed by Wolf et al., shown in Figure 8A (123). It consists of platinum working electrode (WE) as cathode and silver chloride reference electrode (RE) as anode able to detect the current from the oxygen reduction reaction (ORR):

\[
\begin{align*}
\text{O}_2 + 2\text{H}_2\text{O} + 4\text{e}^- & \leftrightarrow 4\text{OH}^- \\
\text{O}_2 + 4\text{H}^+ + 4\text{e}^- & \leftrightarrow 2\text{H}_2\text{O}
\end{align*}
\]

A potentiostat is adopted to drive the measurements. It applies a stable potential of −700/−800 mV between WE and RE to make the reaction happen and to gather the current coming from it (128). The generation of electrons is proportional to the oxygen concentration (122). Major drawback comes from the formation of a diffusion layer nearby the surface of the electrode where oxygen is depleted. In this area, the cell may suffer from hypoxia leading to mitochondrial disorders. To overcome this limitation, to enhance the selectivity of the electrode and to avoid bio-fouling, a polytetrafluoroethylene (OTFE) membrane around WE can be adopted (129).

In order to achieve a constant pH it is needed to maintain equilibrium between atmospheric and dissolved CO\textsubscript{2}. Severinghaus, based on the R. W. Sow principle, realized the first CO\textsubscript{2} sensor based on pH measurement, Figure 8B (123). The sensor consisted of a glass pH electrode arranged with a reference electrode in an electrolyte envelope on which the CO\textsubscript{2} permeable membrane is mounted. Once the dissolved CO\textsubscript{2} diffuses into the middle compartment of the electrode, a carbonic acid dissociation reaction happens (CO\textsubscript{2} + H\textsubscript{2}O ⇌ H\textsubscript{2}CO\textsubscript{3} ⇌ H\textsuperscript{+} + HCO\textsubscript{3}⁻) and the pH of the solution changes. The change in pH is sensed by the electrode and it is completely dependent on the pCO\textsubscript{2}. However, this indirect method to evaluate pCO\textsubscript{2} is still unreliable since pH is affected also from other acidic species and not simply by CO\textsubscript{2}. Moreover, even if Severinghaus-kind electrodes were adopted for in-situ monitoring (130), they are bulky and difficult to be integrated within microfluidic systems. To this aim, there

![Figure 7](image-url)
were many attempts for miniaturizing this kind of electrode. Suzuki et al. developed a miniaturized oxygen electrode, as shown in Figure 8C, and discussed the influence of cathode size on the data accuracy by testing seven different dimensions ranged from 25×25 to 500×500 μm (124). The micro-square cathode and anode are realized as thin-film patterns on a glass substrate and are both immersed in the solution. A silicon rubber gas-permeable membrane was used. It was found that the main parameters to be affected by the cathode dimensions were: (I) flow dependence of the output current that increases with smaller dimensions; and response time that becomes shorter as the cathode becomes larger. Similarly, Wu et al. were able to miniaturize a Clark oxygen sensor and to integrate it with microstructures, as can be seen in Figure 8D (125). It consists of a glass substrate with a three-electrode configuration and a PDMS oxygen-permeable membrane. By this sensor a fast response time of 6.8 s, a good linearity with a correlation coefficient of 0.995, and a long lifetime of at least 60 h.

Optical techniques are more advantageous in case of low oxygen levels since it does not cause the formation of the oxygen-depletion region around the electrode surface. Moreover, optical sensors do not need neither physical and electrical contact between the electrode inside the solution nor the detector (122). These sensors are based on photoluminescence quenching effect of oxygen that decreases the intensity/lifetime of luminophores. The degree of quenching depends from oxygen partial pressure. There are two main fluorophores to be chosen for their high quenching constants: ruthenium-based (131) and metalloporphyrin-based (132). Metalloporphyrin-based dyes are preferred to avoid adding toxic material, as ruthenium is, into culture media. If the oxygen detection is based on the intensity of the luminescence effect, the set-up is simpler based on an emitted light with a wavelength to excite the luminophore. Unfortunately, this approach is susceptible to photobleaching, that decreases the intensity of luminescence after constant long-term excitation, to small movements in cells (133), to changes in optical geometry, optical properties and position of the sensor and to fluctuations in the light sources (122). These limitations are overcome by fluorescence lifetime imaging microscopy (FLIM) that adopts modulated excitation source make detection in either time or frequency domain (134,135).

Finally, oxygen-sensing dyes can also be incorporated into fiber-optic probe. This configuration enables the possibility to move the probe within the sample while measuring (136). Another indicator for the respiratory system and alveoli functionality comes from CO₂. Therefore, it is important to be considered especially in lung-on-a-chip studies. CO₂ is produced during glucose consumption, and released into the blood, carried by blood to the lungs where it is exhaled. Since it is a weak acid, it changes the pH.

Therefore, other solutions were considered as ion-sensitive field-effect transistor (ISFET) and optical sensors. Optical sensors consist of optodes prepared by optically clear thin films attached covalently with fluorescent entities sensitive to pH (137). Hirura et al. fabricated a pH optode device by attaching a fluorophore agent with a PMS thin film (138). However, optodes suffer from small-range measurements (127) and ISFET are preferred technology to sense pH.

The original structure of the ISFET is characterized by a gate oxide that acts as sensing dielectric unit since it is in direct contact with the electrolyte solution (139). The voltage difference at the solid/liquid interface (Δϕ) is converted in pH value by Nernst equation $\Delta \phi = \frac{RT}{F} \ln \frac{a_{i1}}{a_{i2}}$ where R is the gas constant, T the absolute temperature and F the Faraday constant, $a_i = f_i \times c_i$ are the ion activities and $f_i$ is the activity coefficient (in diluted electrolytes $f_i = 1$) (140). Moreover, considering the complexity of cellular reactions, it may not be sufficient to monitor just a single parameter. Therefore, a Physiocontrol-Microsystem (PCM) with various sensor elements, combined with small sized cell culture areas, able to measure respiration and acidification at the same time were introduced, for detailed schematic please see Figure 3 in (141). A single membrane-free device for on-line detection of both values at the same locus was manufactured with CMOS chip-technology (142). This method can be easily miniaturized to subcellular dimensions so that several sensors could be placed under one cell. The device designed by Krommenhoek et al. provides another example of integrated electrochemical sensor for measuring different parameters simultaneously, including pH and oxygen (127). While the oxygen concentration is measured by the UMEA, pH variations are registered through an ISFET. Both the sensors are included on the same device with also a thermistor to sense the temperature.

Another possibility is to modify the basic structure of the ISFET with extended gate (EG-ISFET), as in Figure 8E, where the sensing oxide is decoupled from the gate oxide by using an extended conductive layer (126). This more robust structure configuration where gate oxide is protected from the electrolyte solution ensures long time measurements inside the liquid.
Figure 8 Precursor oxygen electrodes. (A) Cross-section of a Clark electrode containing 2 mm diameter platinum cathode; (B) the miniaturized Saveringhaus needle oxygen electrode (123); (C) example to oxygen sensors; structure of a miniature oxygen electrode with glass substrate on which the cathode and anode patterns are formed (124); (D) cross-section of a miniature Clark oxygen sensor integrated with a container (125); (E) the reproduction of the sensor with zoom in view of the SG area and the schematic of the fluidic tester on top of the sensor (126); (F) full system integration: chip with integrated sensor for T measurement, pH (ISFET), dissolved oxygen concentration (UMEA) and the viable mass concentration (impedance sensor) (127) and (G) schematic of a full system where the multiorgan-on-a-chip platform was encased in incubator, and of automated pneumatic valve controller, electronics for operating physical sensors, potentiostat for measuring electrochemical signals, and computer for central programmed integration of all of the commands (9). Reprinted with permissions from (123-127).
Even smaller oxygen electrodes, represented in Figure 8F, were obtained by Krommenhoek et al. that realized an ultra-microelectrode array (UMEA) compatible with the 96-well plate format (127). Dissolved oxygen is measured amperometrically with an accuracy of ~0.2 mg/L.

Also it would be important to monitor osmolarity together with pH. Indeed, to ensure the normal development and life of cells, it is expected to keep both these variables unperturbed (143). The osmolality influences the cell viability and growth since it regulates the transport of water and nutrients through cell membranes while a constant pH ensures isotonicity of the culture (144). The most promising technique to monitor simultaneously pH and osmolality in cell culture is based on near-infrared spectroscopy (NIRS) technique, presented by Mattes et al. They addressed the in situ, real-time monitoring for both pH and osmolality parameters in bioreactors. In this way, a closed-loop culture feedback able to replace osmolality and pH measurements off-line or current on-line pH methods can be provided to ensure optimum cell performances and productivity.

Another way to sense osmolality relies on the non-selective transient receptor potential channel subfamily V member 4 (TRPV4). It was studied in cells from renal epithelium, its activation due to hyperosmotic stimuli, and it was characterized as a potential mechano-sensitive channel for flow and osmolality sensing (141).

The transparency properties of the micro-fluidic systems, not only allow the possibility to adopt optical techniques to sense biophysical parameters of the microenvironment (e.g., DO and pH), but also the detection of biochemical parameters such as cell/tissue viability (e.g., cell motility and live/dead assay) (145). Zhang et al. developed a miniature microscope from off-the-shelf components that can be mounted at the bottom of any microfluidic bioreactors and devices. The resolution is <2 μm and the adjustable magnifications of 8–60x.

In situ microscope is another technique adopted in cell culture to acquire images inside bioreactors (in-situ) during long-term perfusion. This technique allows images of cells in a defined volume inside a bioreactor without sampling or bypass construction. Therefore, the system can be cleaned and serviced without interruption of the process or risking contamination (146). Not only 2D in situ imaging has been performed but also 3D, under static and dynamic flow conditions. This aids in identification and optimization of the microenvironment properties and flow conditions that enhance cell response (147).

Another possibility is to build the optics out of the same fluidic toolkit, in this case an optofluidic device is realized (148). This solution is attractive but still under investigation. Furthermore, microscopy can be paired with spectrometry analysis. Impedance spectroscopy is adopted to study the dielectric characteristics of particles and cells in a label-free manner. It enables cell counting, size quantification, and cell classification and phenotype characterization in continuous flow (149). Recently, Wang et al. realized for the first time a cell/particle position detection technology using a single-channel impedance spectroscopy device with low-cost and high-throughput (150).

As concerning organ-on-a-chip systems application, only few examples of full-integration platforms are reported in literature. Zhang et al. we reported a fully integrated modular physical, biochemical, and optical sensing platform, interfaced through a fluidics-routing breadboard with a multi-organ-on-a-chip system to achieve in situ, on-line, and automated sensing of microenvironment biophysical and biochemical parameters (9). The system is visible in Figure 8G.

Sensors for monitoring cell fate

Cells in their native environment are exposed to multiple cues that vary in time and space, including gradients of cytokines and secreted proteins from neighboring cells, biochemical and mechanical interactions with the ECM, and direct cell-cell contacts. These cues cannot easily be achieved by standard tissue culture. However, microfabricated systems can mimic cells with these cues in a manageable and reproducible mode that can be used to link cell culture with integrated analytical devices. This integration can be verified for investigation of the biochemical processes that govern cell behavior. In this part of the review paper, we will discuss more about sensors for investigating the fate of the cells, cell cycle analysis, cell viability, single cell analysis, differentiation analysis, cell sorting, and cell separation.

A complex chemical and mechanical microenvironment, which is composed of different secreted factors, extracellular matrix, and direct interactions with other cells, is needed to direct and control the stem cell renewal and lineage fate. Therefore, it is crucially important to have reliable and sensitive platforms to be able to constantly monitor the artificial tissue environment in terms of various physiologically relevant parameters to evaluate the functionality of tissue-engineered structures. These parameters and signals can be mimicked and precisely
controlled in a high throughput automated manner and integrated several functions using microfluidic portable platforms at microscale (151,152). So, one of the key challenges for researches in tissue engineering is the development of biosensors for point-of-care (POC) applications and combining it with microfluidic platforms, as many biomarkers have to be monitored to evaluate the functionality of any tissue engineered construct in vitro (22). Monitoring the transmission of various physical and chemical signals, such as changes in oxygen consumption, pH, membrane potentials, ion concentrations, and release of various metabolic compounds and proteins in living cells can give insights into cellular activities in real time (22,153).

Each stage of cell adhesion i.e., attachment, spreading, migration, and immobilization, activates signals that regulate cell survival, growth, cell-cycle progression and differentiation, and motility in multiple cell systems and involves changes in cell morphology and cytoskeletal structure (154). Biosensors have a crucial impact on tissue engineering applications where concentrations of different biomolecules such as glucose, adenosines, and hydrogen peroxide levels play important roles in determining the fate of the cells and tissues, especially in maintaining three dimensional cell cultures and developing “OOCs” models (22).

Conventional molecular biosensors usually use specific chemical properties or molecular recognition mechanisms to identify a particular, singular agent, and thus are limited to detecting only known bio-threats. There are several advantages of cell-based sensors in comparison to conventional molecular sensors such as the ability to detect many forms of substances, including chemical toxins, bacteria, and viruses, a high sensing efficiency and rapid response, they can provide insights into the physiological effect of an analyte and they are low cost, all because of the fact that the sensing receptors are embedded in cell membranes and the protein separation and purification is not necessary (154).

Cell-based sensors have different applications including pH detection to monitor metabolism activity, fluorescence imaging of protein-expression related to cell signalling, electrical probing and analysis of intra and extra-cellular membrane potential using microelectrodes, and impedance detection for monitoring cell adhesion and spreading.

One of the most important cell-based biosensors is impedance biosensors, which are typically developed by immobilizing a group of cells on an array of electrodes on an insulative substrate and is integrated with microelectronics for real-time data acquisition, analysis, and display. Dielectric spectroscopy as viable biosensing tool was reviewed elsewhere (155) where also common ECIS measurement techniques using microelectrode arrays with the respective sensing and counter electrodes, and interdigitated electrode design were depicted in a figure [see Figure 5 in (155)]. Figure 9A depicts a typical flow cytometer with optical detection system (156). Design of a microelectrode array for cell impedance sensing was shown by Figure 9B (155).

The impedance model of the cell adherence to the electrode and its schematic representation was illustrated by Figure 9D and Figure 9E respectively (154). By monitoring electric changes at the contact between the cell and electrode, cellular impedance biosensors are capable of determining the events of cell adhesion, spreading, growth, motility, and death for any adherent cell types (both excitable and non-electrically active) (154). The cytotoxicity of various agents such as chemicals, drugs, cell tags, and implants, along with allowing the observation of the effect of various stresses on cells can be screened using impedance measurements. Therefore, it can replace slower and invasive traditional cytotoxicity assays (155).

**Sensors for cell viability**

The viability of cells attached to the substrate is essential for the cells to function as sensing elements. The cell’s dye can be either pathological or programmed death. Programmed cell death or Apoptosis, which is the desired response of a cancerous tumor to effective chemotherapies or radiation treatments, is characterized with dramatic changes in cell morphology, ionic channel conductance, and extracellular membrane integrity, as well as altered intracellular structure. These electrical property changes can be diagnosed quickly and inexpensively by cell impedance biosensors at significantly reduced cost and expedited assessment procedure, and thus these biosensors offer an optimal approach in anti-cancer drug screening (154). This technology can improve healthcare in the developing world and provide rapid diagnoses for livestock on isolated farms, as integrated chips using impedance can eventually reach clinical settings and will be useful in remote regions that lack good infrastructure or experienced personnel (155).

A study focused on monitoring the apoptosis-induced changes in cell shape in an integral and quantitative fashion with a time resolution in the order of minutes using ECIS. It has been shown that the response to an apoptosis which
was induced by cycloheximide (CHX) and verified by biochemical and cytological assays resulted in a rapid and monotonic decrease in impedance (157).

**Sensors for single cell analysis**

One way to perform impedance for single-cell analysis is to use smaller microelectrode arrays to reduce the size of sense electrodes so that only a single cell fits on them. Typical microelectrode array setups contain several cell-sized sensing electrodes which are coated with a self-assembled monolayer and a peptide to attract single cells to the electrode and one or more large counter electrodes (158,159). Another single-cell system uses a flow bottleneck to capture cells individually, and the electrodes are situated at the bottleneck in order to take impedance measurements while the cells are trapped which can then be released upon the application of a high fluid pressure (160). One of the other single cell platforms use scanning dielectric microscope in which an electrode probe is mechanically scanned over a cell (161). Another platform that can be conducted for cell clusters, and single cells uses a light addressable impedance detection chip in which a laser selects and enables measurement of cells (155).

Moreover, impedance flow cytometry (IFC) is capable of measuring the electrical properties of single cells. IFC technology uses direct current (DC) or low frequency alternate current (AC) for impedance measurements. Impedance measurements provide information about membrane capacitance, cytoplasm conductivity, and cytoplasm permittivity as a function of frequency in the range from 40 Hz to 1 GHz.

To improve the efficiency of these devices, they have to be sensitive, stable and reproducible to detect very low quantity of any toxic substance in the cellular environment. The ECIS system is the most common impedance cytosensor, which can be used for characterization of cell attachment, micromotion, and cytotoxicity (154). In ECIS, adherent cells were cultured on an array of eight small gold electrodes and the impedance is changed based on the behavior of the cells. For instance, it increases because the adhesion of the cells to the substrate, or the measured impedance continued to fluctuate to reflect the constant motion and metabolic activity of the cells after the cells were fully spread. Also the impedance is changed by stimulation of the cells with external chemicals. To demonstrate the cell motility and mortality, the quantitative data are taken in real time and in a continuous fashion (162).

Blood glucose monitoring has been established as a valuable tool in tissue engineering applications, as it is a critical indicator of metabolic activities of cells (163,164). Since maintaining normal blood glucose levels is recommended, a number of different biosensing approaches including electrochemical biosensors that are frequently used for glucose oxidase or glucose dehydrogenase detection, optical biosensors for glucose detection using inactive apoenzymes, binding proteins, and receptors and also nanobiosensor have been developed for glucose monitoring in engineered tissue constructs in real time during their fabrication, proliferation, and growth, which can give the consumption of glucose by the cells (22,165-167).

**Sensors for cell differentiation analysis**

One of the most important applications of sensors in developmental biology is the evaluation of different stages of cell locomotion, cell-surface interaction since they are extremely important for cell differentiation. The differentiation of the cells is studied in a wide range of applications like studying the cancer cells, screening the drugs, disease modelling, and developmental biology researches. To better understand the impact of different factors on cell fate, cell differentiation sensors can be useful and informative. Cell differentiation can be characterized by changes in cell motility, cell morphology, aggregation, cell adhesion, ion channel activity, gene and protein expression, etc. which leads to a dramatic change in the overall impedance spectrum of the cells. Different stages of cell mitotic divisions as well as cell motility were successfully probed by positive dielectrophoretic device for mammalian cells (168). Figure 10A shows the impedimetric changes of a single cell during its mitotic divisions. As can be seen from that figure, the impedance values decreased between periods shown by G and K which corresponds to anaphase, telophase and cytokinesis whereas the period till the peak point, A to G, shows the cells morphological changes from flattened to spherical during prophase as well as condensation of chromosomes during metaphase (168). The same sensor was also used for measuring cell motility (168) by recording changes in impedance values for two cells initially attracted at the edge of the electrode. By looking at Figure 10B, one can understand that, attachment (snapshots A-B), detachment (snapshots B-D) and re-attachment (snapshots B-D) of cells brings about significant changes on impedance values (168). For instance, in a study, the adipose-derived stem cells (ADSCs) were induced into
the differentiation towards adipocytes and osteoblasts (169). Four days after induction towards differentiation, the cell membrane capacitance (Cm) values have changed intensely as can be seen from Figure 10C from Cm = 2.25±0.27 μF/cm² to Cm = 1.72±0.10 μF/cm² for adipogenic cells (169). Impedance measurements have also been conducted for investigation of the impact of environmental factors such as cell niche (170), or toxic components like pesticide (171) on the differentiation of the cells. Figure 10C shows the variation of impedance based on the differentiation of the cells. Real-time and label-free monitoring of ADSCs induced toward osteoblasts and adipocytes. (A) Time-course measurement of mean impedance, 1Z(t, f)1, at 64 kHz, for different groups throughout early.

In tissue engineering, the microporous polymer-based scaffolds are widely used for culturing and proliferating cell within entire volumes of a predefined shape. However, it is difficult to assess directly the in vitro cellular proliferation and differentiation occurring within 3D scaffold constructs (155). Therefore, a viable monitoring technique within macro chambers, using FEA modelling techniques and the implementation of cell model and thin layer approximations, coupled with parallel-plate platinum electrodes, has been successfully conducted for the non-invasive monitoring of 3D cellular clusters and associated epithelial cell differentiation processes.

Other factors which have an important role in a wide variety of different biological responses such as apoptosis, cell proliferation, migration and differentiation, cytokine release, and necrosis are the extracellular ATP, ADP, and uridine triphosphate (UTP). Llaudet and coworkers developed a microelectrode to be placed inside the tissue for in vivo measurements of ATP. In another research, a biosensor has been developed, which can be placed near the ATP-releasing target cells. This technique gives an accurate result of the extracellular ATP concentration. Recently, Xie and coworkers developed a novel localized surface plasmon resonance (LSPR) array chip for facile, label-free, and high throughput detection of ATP using a normal microplate reader which can be used for miniaturized and high throughput detection of biological samples in tissue engineering applications (172).

A multiparametric micopysiometry platform has been developed to monitor the metabolism of T98G human brain cancer cells cultured in dynamic flow conditions (102). Several microfabricated biosensors were integrated in the cell chamber and the levels of pH, oxygen consumption, and the production of cell metabolites were monitored by using external equipment (e.g., potentiostat). Similarly, Hu et al. included a light-addressable potentiometric sensor (LAPS) in a microfluidic system to monitor the metabolism of human breast cancer cells in real time. Microheaters and micropumps were also integrated to these systems for controlling the temperature and handling different fluids (9,173).

Another type of biosensors are potentiometric biosensors which allow non-invasive, real time monitoring of the extracellular environment changes by measuring the potential at cell/sensor interface to observe the overall cell cytotoxicity. Potentiometric biosensors can measure many processes in living cells, which have electrochemical characteristics. Wang et al. employed a potentiometric sensor array to investigate the cytotoxicity of hydroquinone to cultured mammalian V79 cells. The results showed that hydroquinone exposure affected cell proliferation and delayed cell growth and attachment in a dose-dependent manner. The potentiometric biosensor provides non-invasive and real time monitoring of the cellular reactions and also is more sensitive for in vitro cytotoxicity study which makes it more promising system for drug discovery compared with traditional methods (153).

**Sensors for cell sorting, cell separation**

Monitoring the cell cycle behavior of individual cells separately, has an imperative role in developmental biology due the fact that it can facilitate the understanding of developmental processes such as pattern formation, morphogenesis, cell differentiation, growth, cell migration, and cell death. It has also crucial impact on cancer researches, especially cancer-on-chip studies to investigate the fate or metastasis of the cells. The next generation of OOC devices will be designed for disease modeling such as cancer and genetic disorders, which require the very precise cell studies in cellular level. Therefore, combining the sensors for cell sorting and cell separation in the designed chips are imperative to investigate the alterations in cell morphology and gene expression due to metabolic pathways or effect of drugs and to purify the population of the cells to have a better understanding of the changes that will occur.

The development of numerous microscale separation techniques is a result of need for efficient, accurate and high throughput cell separation, an essential preparatory step in many biological and medical assays. Microfluidics-based sorting in comparison with conventional methods provides
numerous advantages, including reducing sample volumes, faster sample processing, high sensitivity and spatial resolution, low device cost, reducing the size of necessary equipment, eliminating potentially biohazardous aerosols, simplifying the complex protocols commonly associated with cell sorting and increased portability (174). The techniques for cell separation can be divided into two main groups: active systems which generally use external fields such as acoustic, electric, magnetic, and optical; and passive systems which use inertial forces, filters, and adhesion mechanisms to purify cell populations (173). Separation of the cells has an important role in the early diagnosis of cancer. There are a number of molecular markers for cancer diagnosis and these can include proteins, peptides, over/under expression of gene markers and gene mutations (176).

Label-free cell sorting in microfluidic devices relies on the physical differences in the properties of cells such as size, shape, density, elasticity, polarizability, and magnetic susceptibility instead of solely relying on surface markers for labelling cells with fluorophores or beads. Label-free sorting generally requires the least amount of preparation, making it a highly attractive option for cell sorting (175).
Figure 10 Cell differentiation analysis using impedance measurement. (A) Impedance trend during the mitosis of one single cell, correlated with periods (a-k) of cell positions at key times: prophase (a-f), metaphase (g), and anaphase (h), insert (l): the trace over the full 2 days of the experiment (168); (B) normalized impedance trend (g) for two cells attracted by positive DEP, correlated with periods (a-f) of cell positions at key time. Insert (h): impedance of a dead cell on the electrode (168); (C) plot showing differences in impedance (at 64 kHz) vs. time for cells subject to osteogenesis and adipogenesis along with undifferentiated cells and no cells. Adipose derived stem cells are seeded at t=0. The broken vertical lines indicate when differentiation was induced and when media was changed (169). Reprinted with permissions from (168,169).

Blood analysis is one of the applications of lab-on-a-chip types of devices which takes advantage of one of the physical properties of the blood, which is the blood cells’ heterogeneity in parting (177). Some different approaches for sorting the cells have been shown in Figure 11, first row. Figure 11A shows a spiral microfluidic channel to apply centrifugal forces to focus and sort cells by size (178). The equilibrium position of any particle at various sizes depends on the ratio of lift (FL) and dean drag forces (FD) that varies to the particle diameter in third power the particles equilibrating them into focused streams around the microchannel perimeter (178).

Figure 11B, provides deterministic lateral displacement which is an important example of navigating the cells through an array of posts for sorting by size. Design of the array features can control over sorting such that cells smaller than a critical radius (a < Rc) move with the convective flow and cells larger than a critical radius (a > Rc) move in a direction dictated by the arrays (179). Hydrodynamic filtration (Figure 11C) is another type of microfluidic filtration in which aligned cells are separated by multiple branched outlets, whereby the fluid draining from the
outlets pulls cells from the walls of the main channel at rates that scale according to their size (180). Another type of cell sorting can be done by deterministic cell rolling (Figure 11D). In this case, target cells interact with the surface, roll across the ridges, and laterally displace toward the gutter side whereas non-target cells flow over the ridges, not interacting with the surface, and exit on the focusing side (181).

Currently, one of the most useful approaches for sorting the cells is fluorescent label-based cell sorting, as its intensity is very sensitive. The parameters that can be measured by fluorescence are temperature, cell function, flow velocity, flow profiles and polymer dynamics (177). Many research groups have used fluorescent labels to identify cells in the microfluidic regime for sorting by a variety of mechanisms, such as electrokinetic mechanisms, acoustophoresis, optical manipulation and mechanical systems. This approach is similar to FACS devices, which generally activate by ordering cells in flow streams for sorting. Since each cell is processed discretely, fluorescent label-based approaches are often associated with high efficiencies, which makes it the mainstay of modern cell sorting technologies and a viable option for many microchip cell-sorting devices. However, this method has some drawbacks such as the inconvenience of serial detections, discrete sorting, and the inability of the fluorescent labels to directly contribute to the sorting process which has led to the development of other effective techniques for rapid cell sorting, including bead-based and label-free cell sorting systems (175). The middle row of Figure 11 shows some examples of fluorescent label-based cell sorting. Figure 11A shows that cells compartmentalized into emulsions with beads coated with capture antibodies can be used to analyze the secretion of antibodies from cells for downstream sorting using DEP (182).

Electroosmotic flow (Figure 11B) is based on the movement of a fluid due to the electrically induced migration of solvated ions which leads to transporting cells suspended within the fluid (183). Figure 11C indicates the cell sorting by optical force switching. Cells will deflect when scattering forces (FS) exceed gradient forces (FG) from a focused laser beam; however, when FG exceeds FS, cells are optically trapped. In this figure, a hydrodynamically focused stream of cells is shown which is aligned toward the waste outlet whereupon cells of interest detected by laser inspection are captured and displaced by optical tweezers for sorting (184). Another example to fluorescent label-based cell sorting is proposed by Lopez et al. (185) who used a microfabricated cantilever beam that is shifted from a ‘down’ position to an ‘up’ position when a corresponding pair of electrodes is activated to generate bubbles via isothermal electrolysis, which in turn exerts a mechanical force on the T-switch to redirect fluid flow [See Figure 5 in (185)].

Using particles of a specific material, size, and surface-binding capacity, bead-based cell sorting systems capture target cells, or sometimes non-target cells, for sorting in an external field. Based on the attachment of beads, bound complexes experience a force that is different from unbound cells. This method has the ability to sort cells at potentially faster rates and without large volumes of diluent. This method of cell isolation was soon miniaturized to the microfluidic domain to sort cells with magnetic and other types of particulate labels. Cell sorting by magnetophoresis (MAP) is simplified by the use of permanent magnets or electromagnetic coils to exert forces on cells labelled with magnetic particles, magnetically responsive cells, or cells suspended in ferrofluid. This approach is usually conducted to either de-bulk cell populations or to rare cells separation from native biological fluids.

Three ways of bead-based cell sorting has been shown in the last row of Figure 11. Magnetic isolation of CTCs in microfluidic devices (Figure 11A) are shown to capture and isolate CTCs under free flow in a magnetic field. In this approach, deterministic lateral displacement for filtering magnetically labeled CTCs and leukocytes and inertial focusing for focusing and sorting in a magnetic field are also used (185,186). Figure 11B shows acoustofluidic systems. This method of cell confinement can enable rapid, continuous, and discriminate sorting in which unlabeled cells focus at the acoustic node(s) and labeled cells focus at the acoustic antinodes for downstream collection. Using silicone elastomeric particles synthesized from nucleation and growth techniques, biofunctionalized elastomeric particles decorated with streptavidin can capture cells displaying biotinylated antibodies and confine those cells to the antinodes of an acoustic standing wave (187). Moreover, Figure 11C is a schematic of multi-target cell sorting using DEP and magnetic trapping. In this case, target cell A is captured with polystyrene beads depicted in green and target cell B is captured with superparamagnetic beads depicted in red. Target cell A is removed from non-target cells by dielectrophoretic forces and target cell B is removed from non-target cells by magnetic trapping (188).

**Future outlook**

Undoubtedly, OOC platforms are considered to be very promising tools for replacement of animal testing...
Figure 11 Cell sorting strategies from literature subgrouped in three different categories. (I) Label-free cell sorting; (A) Spiral microparticle separator (a) illustration of the effects of FL and FD on flowing particles in the cross section of microchannel (b) (178); (B) cell sorting by deterministic lateral displacement (179); (C) cell sorting by hydrodynamic filtration where small cells exit from proximal branches and large cells exit from distal branches (180); (D) cell sorting by deterministic cell rolling based on scalable parallel sorting device. Top view schematic shows the focusing and sorting ridges with the ribbon indicating helical streamline (181). (II) Fluorescent label-based cell sorting strategies; droplet-based microreactor and cell sorter using DEP. Two different cell types represented as orange and gray ellipses are flowed through device together with beads. Only one type of the cell produces mouse antibodies that is shown by gray. (E) Mixing of cell suspension and beads that contains green fluorescence labelled goat detection antibodies (shown green) and streptavidin beads coated with goat anti mouse-Fc capturing antibodies (shown magenta) is only achieved in droplets that are later collected at 4°C and incubated 15 min at 37 °C, 5% CO₂ (182); (F) direct current (DC) electroosmotic cell sorting (183); (C) cell sorting by optical force switching (184); (H) (III) Bead-based cell sorting strategies. (A) Magnetic isolation of CTCs in microfluidic devices (185,186); (I) acoustic separation of cells using elastomeric particles. Focusing of cells and particles to the nodes and antinodes is shown in step A whereas separation of particles bounded target complexes from non-target cells is shown in step B (187). Multi-target cell sorting using DEP and magnetic trapping; (J) experimental steps (A-C) shown in the upper row for target cell (A and B) labelling with DEP and magnetic tags based on surface markers (step A), target cell sorting and elution from outlets (step B), analysis of collected cells via flow cytometry after fluorescence labelling (step C). The design of the device shown in the below row with angled electrodes and ferromagnetic strips (188). Reprinted with permission from (179-187).
to perform drug toxicity studies as well as performing personalized medicine research. As well as increasing cost of drug development, rising ethical concerns on animal experiments result in the urgent demand of a valid human-on-a-chip model. However, current models of OOC provide relatively simple cell culture protocols or variety of organ models that often do not sufficiently present real human physiology or even organ functions. Among several challenges to design the valid OOC model, one of the most important one is to grow different cell types together in a 3D organ format. Another big challenge having build such an OOC model is to assess the functionality of this platform via monitoring of pathophysiological cell-cell interactions, cell secreted molecules and physical parameters of the culture microenvironment. To achieve this goal, sensors as well as microscopes that enable real-time and long-term monitoring should be integrated to OOC platforms. As pharmaceutical companies need high-throughput screening to be able to do profiling and pharmacokinetic evaluation, OOC are expected to have integrated sensors that enables medium to high-throughput monitoring in a sensitive and selective manner. Although most of the OOC lack in vasculature and high-throughput monitoring, thanks to advanced manufacturing technologies and microscale size of microfluidic devices that reduce the reagents volume and speed up the assays that require thermocycling, in future, OOC could be expected to meet with the needs of pharma to screen thousands of drug candidates.

As it is detailed in this paper, there has been growing interest in recent years in sensor development for OOC monitoring. However, there is still room for improvement on more sophisticated sensor design and integration. One of the most urgent needs in terms of sensor design is real-time and continuous monitoring. Even though optical and electrochemical approaches are suggested as real-time monitoring alternatives, sensor saturation and regeneration is a big issue. Various regeneration techniques have been developed to tackle this issue but none of the designed sensor managed to monitor any OOC platform more than a week. Aptamers shown to hold great promise due to their chemical stability over regeneration (9,73,113,114) and providing highly-sensitive new devices (189), 16, 4,472–4,476. In addition to aptamers, bead-based assays could be alternative solution to long-term monitoring since the used ones can be discharged (72,116). Another challenge regarding sensors is automation, which could have been achieved in only a few papers. Automation of sensors and data transmission would enable translation of such platforms to Clinique since it would replace labor-intensive and timely operations. To satisfy the regularly authorities’ needs on drug testing, medium to high throughput sensors and monitoring strategies should be incorporated to OOCs. In that respects, single-cell barcode chips seem to be the strongest alternative by enabling quantification of numerous protein concentrations with immuno-sandwich assays via spatially encoded antibody barcode (110,111). In terms of cell fate monitoring, MEAs based on impedance sensing provides very valuable information and could be improved in future to do real-time 3D mapping and manipulation of electrical activity. In addition to microfabrication, materials science and microfluidics technologies molecular biology and proteomics studies are indispensable for sensor design since new class of biomarkers are always needed to assess the functionality of OOC platforms.

Development of physiologically relevant OOC systems to be used for medical or basic science investigation purposes requires extensive integration of a wide variety of disciplines from molecular biology to microfabrication. To achieve “clinical trials on chip” and to proceed with personalized medicine, OOCs possess a big responsibility and challenges to tackle with. Sensor integration in that end is one of the “musts” to be taken into consideration. Multidisciplinary collaboration, not only with different disciplines but also with pharmaceutical companies and regulatory authorities is needed to design sensors that are capable of assessment of OOC platforms in a real-time, continuous and high-throughput manner.

Acknowledgements

Funding: This project has received funding from the European Union’s Horizon 2020 research and innovation programme funder the Marie Skłodowska-Curie grant agreement No. 665667 and partial funding from SNF Multidisciplinary CR32I3/156915.

Foonote

Conflicts of Interest: The authors have no conflicts of interest to declare.

References


play a significant role in axonal response to strain injuries. Technology (Singap World Sci) 2014;2:106.


Maji SK, Sreejith S, Mandal AK, et al. Immobilizing
gold nanoparticles in mesoporous silica covered reduced graphene oxide: a hybrid material for cancer cell detection through hydrogen peroxide sensing. ACS applied materials & interfaces 2014;6:13648-56.


